

An introduction to:
"Your Life Was Never Meant to be a Struggle"

An introduction to
"Your Life Was Never Meant to be a Struggle"
A book written by Roy E. Klienwachter



Table of Contents

<u>TABLE OF CONTENTS</u>	<u>2</u>
<u>FORWARD BY THE AUTHOR</u>	<u>4</u>
<u>THE PURPOSE OF THIS INTRODUCTION</u>	<u>6</u>
<u>THE WORLD IS CHANGING</u>	<u>8</u>
<u>NEW AGE</u>	<u>10</u>
<u>MY ROOT THOUGHTS</u>	<u>11</u>
ROOT THOUGHTS	12
<u>YOUR LIFE WAS NEVER MEANT TO BE A STRUGGLE—THE BOOK!</u>	<u>14</u>
<u>EXCERPTS FROM THE BOOK</u>	<u>15</u>
<u>PRAISE FOR, “YOUR LIFE WAS NEVER MEANT TO BE A STRUGGLE.”</u>	<u>20</u>
<u>SPIRITUALITY</u>	<u>22</u>
<u>MANIFESTING</u>	<u>22</u>
<u>ACCIDENTS AND SICKNESS</u>	<u>22</u>
<u>AN INVITATION</u>	<u>22</u>
<u>WHERE CAN I CLAIM MY COPY OF THIS BOOK?</u>	<u>25</u>
ONLINE	25
STORE LOCATIONS	25
OTHER COUNTRIES	26
DOWNLOADABLE EBOOKS (AVAILABLE AT TWO LOCATIONS ONLY)	26
HARD COVER (AVAILABLE FROM ONLY A FEW LOCATIONS AT THIS TIME)	26

Introduction to New Age and
“Your Life Was Never Meant to be a Struggle”

FOR ADDITIONAL INQUIRIES

27

Forward by the Author

My name is Roy E. Klienwachter and I am the author of “Your Life Was Never Meant to be a Struggle.”

I was born in Vancouver Canada. I am the second son of a family of four, including two other siblings, one older brother and a younger sister. My father died when I was just over a year old. In recent years I have discovered two other siblings, a sister and a brother who were adopted at an early age.

We were raised in farm country in several communities in the lower mainland of the Fraser Valley in beautiful British Columbia, Canada.

My family was poor and it was a struggle for my Mother to make ends meet. We moved around a lot and I never really knew what having roots were like. We barely stayed in any one place long enough to make friends. As children growing up in farm country, we always had lots to do. Chores kept us busy, and working for neighbours brought in some spare change for necessities.

I always had a keen interest in electronics and at the age of 15, I secured my first job working in an electronics shop. I also started and operated several businesses over the years until I semi-retired from a successful business in 2000. I was totally burned out from the 10-12 hours days for sixteen years.

It may have been this weakened condition that gave way for what now seems to be my purpose or destiny. All of my experiences led me to the moment I would start reading spiritual books and begin a career in writing.

Introduction to New Age and
“Your Life Was Never Meant to be a Struggle”

I finished high school, but this did not fully prepare me for my writing career. The only thing I can say that was of real value, were three years of typing, some grammar and very little writing abilities. I liked to write little newspapers when I was much younger, but I was scorned by my mother and after that I only wrote when it was demanded of me in school.

I learned the secret to writing from the soul only six years ago and I have taught this simple method to others. I am surprised how many people do not know they have this ability—everyone does.

I was raised Christian, and as children we were sent to any church that had a bus or someone who would come and get us. I was educated in several different Christian beliefs from Catholicism to Pentecostal and several in between. I rejected most of what I heard at a very early age, although the milk and cookies went down really well in Sunday School. I do not claim any affiliation with any organized religion.

Perhaps it was not having a father in my life that kept my eyes open and insulated me from the doctrine. “God the Father” did not sit well with me. Up until this last year, I have had a difficult time even saying the word “God.” It has been so badly abused and its meaning twisted—I did not like the image of this jealous, vengeful, angry father.

I never rejected the idea of a higher power—I just became indifferent to it. I always knew there had to be something better—something more meaningful than what was being virtually forced on me. Why should something as natural as believing in God be forced on anyone unless there was something wrong with the concept in the first place? I knew this *did not*

work for me, there had to be something more logical about spirituality and a higher power. I did not like having my intelligence insulted by all the metaphorical and symbolistic teachings in the Bible. They were childish and open to too many interpretations. Surely I thought, God would be more sensible than to create so many religions with so many contradicting theosophies.

This has led me into one of the greatest adventures of my life. I have never considered myself as spiritual, enlightened, or even aware. But I have discovered the secret to writing about spirituality and anyone can do it. I have revealed the secret in my book “Your Life Was Never Meant to be a Struggle.”

The Purpose of This Introduction

It is not my wish to trespass on the sensibilities of any of my readers—it is why I have written this introduction to my full volume book. In my book I tell it as I see it, I sometimes cross borders and take chances. I do not go out of way to be very politically correct or incorrect. What I write about comes through me, and most of the time I do not know what I have written until I go back and read it. This introduction is a warming up to the book so-to-speak. I do not give away a lot of details, but touch on some aspects of spirituality you may not be aware of. I do not ask you to believe anything I write about. I do not want this book to be a new bible. It is simply an

Introduction to New Age and
“Your Life Was Never Meant to be a Struggle”

opportunity to explore and move on. If you feel you are ready after reading the following pages, then be prepared to be enlightened, and claim your copy of the book.

I do not write to give inspiration to anyone other than myself. The sole purpose of what I do in my writing, my workshops and seminars is to enlighten myself. I have learned the secret of selfishness against a shroud of ineffectual selflessness. I write and teach for myself first. In doing so, I create awareness in others. What I do helps others and inspires them—my writing empowers people to take back what is rightfully theirs—their own power. In my book you will learn many of these secrets and you will understand where the true power comes from and how to access it.

Life is not a school, you were not put here to learn anything, and I will tell you exactly why you are here very early in the book. You don't have to take life as it comes unless you choose to. Religion is just one aspect of physical life—there are more. This is a wonderful opportunity for you to discover something much greater than what you have been taught. What you learn in this book *will not* take away from anything you now believe—it will just add to it. It will get you out of the box you may now find yourself in. It will bring the true meaning of life into your experience. I invite you to finish this introduction into “Your Life Was Never Meant to be a Struggle.” Then claim your copy of the book. You will need this basic understanding to fully comprehend some of the concepts I present to you on many of the pages.

Roy E. Klienwachter

*Note: If what you believe now is bringing happiness, peace, good relationships, abundance, and all the things you desire into your life—then continue. It should be physically observable what you believe now is working—these things are being brought into your experience—if not, then it is of no use to you. If you **DO NOT** feel a restlessness within you or are questioning what you believe, then what you have chosen is working and you are not ready to move to the next step. You are exactly at the right place in your evolution.*

However because you are reading this, then I would challenge you in your belief. Not because it is right or wrong, but because you are looking. Curiosity is not consistent with knowing.

Namaste

Roy E. Klienwachter

Visit my spiritual forum at:

www.klienwachter.com

Use my contact form on site

The World is Changing

For any of you who have been around for a few decades, I don't have to tell you how much the world has changed. Yet for all the changes, has it moved to a place of peace promised to us by religion, by politicians and other

Introduction to New Age and
“Your Life Was Never Meant to be a Struggle”

leaders? It is obvious that what we are doing is *not working*. It is obvious that what we believe in is *not working*.

In times of war or when things *are not working* as we imagined, we turn to our old sources to find the truth. Yet how can anything change if our sources are giving us the same rhetoric and advice? What is wrong with this picture, we keep doing the same things expecting to get different results? It just *does not work* and there are good reasons for that. There is knowledge; there are sources, new sources with different thoughts about how we need to conduct ourselves to get the desired results. The world changes and change is the only constant—but is it changing for the better—the way we want it?

There is a growing hunger for new knowledge emerging in our society—eastern religions are offering a new way of looking at things. New religions are springing up and it is these new ideas that will take us into a era of enlightenment. Find out why life does not exist in the box. Find out why it is so hard to break the paper chains that imprison you. Change is always a choice, as is the kind of change you desire, and it only comes from one place. We have given Christianity 2000 years to demonstrate that it *works* and others even thousands of years more. What happened, were did we go *wrong*?

New Age

What is New Age? Is it a religion, a philosophy or a way of life? Can we be religious and still accept New Age ideas? Why is Christianity so afraid of it?

New Age, sometimes called New Thought, New World and others, is a philosophy and a way of life. It is very difficult to explain New Age because by its very nature, it changes all the time. What was written in the middle of the last century about New Age bares little resemblance as to what is emerging from this philosophy today. Some religions are fearful of these new ideas because it is about growth and enlightenment—the church does not like this as it leads people away from religious doctrine and the church, and institutional support.

There are many articles and books written about New Age, I have published several articles and descriptions of this new wisdom on my web site at: <http://www.klienwachter.com/New Age/newage.htm>.

As recent as these descriptions are, they are still old. From my own awareness of New Age practices, the philosophy embraces and celebrates all belief systems as valid. All belief systems have a place in our history and development. New Age extracts the best of all beliefs and expands on it—taking it to its logical end.

The core belief in New Age is that we are “all one.” We are intimately connected at some level of consciousness. From this basic or root understanding comes unimaginable power to control our own destinies on a

Introduction to New Age and “Your Life Was Never Meant to be a Struggle”

conscious level. Knowledge is power, and I talk at length about your personal power in the book.

To understand some of the principals in the book I try to instill in the reader a sense of self discovery and purpose. I try to remove the stigma of being *right* or *wrong*, *good* or *bad*. Neither one of these concepts have *worked* very well in our society. I have replaced these four words, with two other words which bring change without judgment or demoralizing the ego. These words empower people to change and take responsibility for their circumstances. You will learn about them, and with practice, your life will change, and I can guaranty you will be able to observe the changes in your life. All philosophies or beliefs must be able to demonstrate physically they work, in this time and space, or they are useless—discover why that is so. I invite you to take the time to read about these things in my book and broaden your perspectives. This is a wonderful opportunity for growth and self awareness. Even if you are happy with what you now have, this is icing on the cake.

My Root Thoughts

I would not have been able to write the hundreds of articles which are now distributed around the world or the many ebooks and paper books, if I did not have a core belief I use to gauge my own philosophy.

I am going to let you in on that philosophy now, in this guide, because it is absolutely central to what I write about. If you can understand and agree

with these very simple core beliefs you will be able to follow my train of thought in “Your Life Was Never Meant to be a Struggle.” Everything I have written about, or taught, always comes back to them. If I hear, see, or read about a thing and I cannot get back to these root thoughts, I reject this new information, and it is not my truth. I adopted these root beliefs because in my experience through reading, instruction, or personal interaction with others, everyone seems to agree on them. I have not personally met anyone who does not agree, but as sure as they are mine, they will not be another’s—I just haven’t met them yet.

Root Thoughts

1. God (the creator) is omnipresent. [He/she is in and around everything—there is no place that he is not.]
 2. God (the creator) is omnipotent. [He is all powerful.]
 3. God (the creator) is omniscience. [Everything is God (the creator)]
 4. God (the creator) is unconditional love.
-

That’s it—four simple guidelines that *work* for me!

Introduction to New Age and
“Your Life Was Never Meant to be a Struggle”

This is something you really need to think about. You have heard of these things many times in religious and spiritual books, sermons, and doctrines. They are universal to most religions and spiritual belief systems. If you can follow and accept them, then you should be able to follow me in the book. Everything I have written is about these four concepts. There is going to be times when you will question what I have written. When it happens you should be able to follow the thought back to one of these core beliefs. And remember in so doing you have agreed beforehand you understood and accepted them. If you cannot make the connection after talking it over with others—you are free to contact me through my site or my forum at: <http://www.klienwachter.com>.

Through physics and quantum mechanics it can be observed all things are made of atoms. We are all made of the same stuff and everything that surrounds us in this physical world. It is also known the electrons which surround an atom are in constant communication with each other, and the communication is instant. Therefore we are all joined at some level with everything else. The expression used by modern thinkers is quite literally true, “we are all one.” We are constantly communicating with each other and our environment at a cellular level.

Within this knowledge it is clear we are not only in communication with each other and our environment, but we are cooperating with each other as well. All things are cooperating with each other to achieve a desired result—therefore, there are no victims. I explain further what the consequences of this knowledge means for you on a fully conscious level—it becomes clear

after reading the book why luck, consequence, or chance cannot work or does not happen.

Your Life Was Never Meant to be a Struggle—the book!

The book is 292 pages in total—printed in larger text for ease of reading. It is available in both hard and soft covers and in downloadable ebook format.

The pages are written in simple language so there can be little misinterpretation of my meaning. The book is actually a merging of five of my ebooks, blended together to give you an overview of the major concerns in today's world—spirituality, creation (manifesting), purpose, and health. Based on my core beliefs, one should be able to follow the reasoning put forward in its pages.

I use stories about my own family, friends and people I have known to demonstrate the basic principals. The one theme consistently running through the book should be obvious to everyone and it will come to you as a revelation—do not look for it. This thought is so powerful you can feel it in many places as you advance through the book. Light bulbs should be coming on as you begin to understand you already had these thoughts and you are now remembering (re-member-ing)—bringing them all together as your own philosophy.

Introduction to New Age and
“Your Life Was Never Meant to be a Struggle”

“Your Life Was Never Meant to be a Struggle” is empowering and inspirational and informational. It has the ability to set you free to open up worlds you may never have thought of.

Excerpts From the Book

Page 34

Freedom only comes with taking responsibility for your choices. If others are making choices for you then you are not free, you are a living symbol of their expectations or image of you. If you are bound to others by obligation you are not free. In order to have control of what you do you must take ownership of the decision and the consequences. If you are to weed out the things that do not work in your life you cannot get rid of them if you do not own them. Nor should you keep them because you feel obligated to do so.

Obligation to another is the biggest sin you can commit against yourself. It is a denial of who you really are. If you are doing a thing for someone else, whether it be your friend, spouse, or children, and you are doing it because you feel obligated and it goes against who you really are; you are denying yourself and have created the biggest blasphemy.

Page 53

The C.E.O. and founder of the Sony Corporation never went to business school and yet he was worth billions. His secret was, when he received a business proposal, he ate it. If it came back up he turned it down. He relied entirely on intuition to make his business decisions and fortune. He relied on the feeling in his stomach, the knowingness that lies within waiting for us to call upon its resources.

Page 91

I will repeat myself again. Nothing matters; life has no meaning save for the meaning you give it. You have nothing to prove and there is nothing you have to do, say or be. Your return to the creator is guaranteed and you will not go to hell unless you believe that you will.

You can go through this life, consciously or unconsciously. You have free will to experience anything in this life without punishment from God. Only man will punish you. Every action you take is appropriate for you, considering your model of the world. Everything you do, or say, is a symbol of where you are on the evolutionary ladder.

Introduction to New Age and
“Your Life Was Never Meant to be a Struggle”

Page 127

I have found a reasonable explanation to the question that is most always asked, “Why are some people healed and others aren’t?”

The purpose for which one wants to be healed is of the utmost importance, and is the “Great Secret.” Why do you want to be healed—so that you can go back to the same life style that led to the illness? As a matter of fact most of us want to be healed for just that reason—so that we may return to our previous life patterns.

I believe that there are only two good reasons why we should want to be healed.

Page 161

To become a channel of healing, it is important to know that you are not here to fix or rescue people. This is very close to being judgmental. Effective healing only comes from knowing a person as, “well.” You cannot judge them, nor try to help them without permission, because you don’t know their soul’s purpose.

For healing to occur there must be a oneness in purpose between the person praying, and the one for whom the prayer is being offered. To pray for one with lung cancer, without the person being willing to quit smoking, would be of little purpose.

Wholeness is a process of becoming attuned mentally and physically with the spirit.

Page 220

Ego knows its connection to the spirit at some level and it is fear that holds it back. Over time ego has been taught that it is separate from spirit, and it believes it. To give up its autonomy, it fears it would have to give up its existence, to pass into extinction. Life always exists on the edge of comfort. It is the next step past the comfort zone that brings life, brings evolution, and brings eternity.

Between the two choices of remembering and creating, it is where we spend most of our time that brings...

Page 259

All relationships are about you, not the other. Because you are always in relationship with self—your-self!

Personal relationships are the hardest to maintain, and they are the most meaningful. Relationships are gifts from strangers: they offer the best opportunity for expressing who and what you are.

The very word “relationship” gives you a hint as to why they occur. In the physical relative world, you define yourself always in relationships. You are in relationship to everything that is physical and is not.

Introduction to New Age and
“Your Life Was Never Meant to be a Struggle”

Page 268

The real power in your life comes from choosing wisely, what you want in the first place. Once a choice is made, it expresses the power that you own, and it is absolute and final. From there you are automatically determined to bring that choice into manifestation. Choices will automatically come your way that will lead you to the place you want to be. You do not have to look for them; they will be there if only you recognize them. You do not have to control the situation, but simply make a choice. The choice is the switch, the trigger that brings what you desire to you.

Praise for, “Your Life Was Never Meant to be a Struggle.”

Hi my dear Roy

TODAY, I received your masterpiece, which is revolutionistic /transformative in its intention and way of fulfillment.

Your book will become a road map in my way to overcome suffering in my life.

I cannot express my happiness, my indebtedness to your favour in making me feeling this great mercy, I am feeling as if there beside you in Canada, you make the unconditional love realty for me.

I only able to pray for you to be in peaceful enlightened life for ever.

I am reading your book now, every word, sentence need to memorized, it is really a book of wisdom.

I am really happy to have such mentor.

"Doctor Ali," Irag

Roy has a unique way of saying that which many have said before, adding his personal experience to the mix. The blend is one of a clear, simplistic introduction to the spiritual nature in all of us. By the end of the book there is "no doubt" that we can all experience the magnificence of our own creation and creations. Thank you Roy, for your wonderful insight and sharing "your truth". It has enhanced my own, adding to my wholeness.

Introduction to New Age and
“Your Life Was Never Meant to be a Struggle”

Truly inspiring. I look forward to your future words of wisdom.

In Love and Light,

Namaste Linda D. Jensen

I think you need to change the title to ‘Spiritual Common Sense’. What a wonderful philosophy you have.

Edward, AB

I have made this a must read for my group. I know you will sell many books.

Light Watchers

You don’t pull any punches and say it like it is. Thank you for that.

P.F.

When I first began Roy's book I was a bit of a skeptic. Entrenched in long-standing mores, I believed that "life is real, life is earnest and the grave is not its goal." His formulas for a better life were too simplistic -until I started to put them into practice. Now, I'm a true believer, and realize that, you can be better than you are, and "Your Life Was Never Meant to be a Struggle."

Maureen Johnson

Editor

I found your book an easy read, enlightening, full of useful thought provoking information. The big print is appreciated. Looking forward to your next book.

Anne F.

Spirituality

You are spirit in human form. Everything about you is spiritual. There is no place you have to go to be spiritual—to be what you are naturally.

Because you are spirit—everything that you do is spiritual.

Manifesting

Manifesting is the simple process of turning your thoughts into physical matter. All thoughts become manifest at some level of physical reality.

Accidents and Sickness

Accidents and illness are physical manifestations of a thought process that is in error. Accidents and illness are physical symbols telling you something in your life is not working—they are warning signs.

An Invitation

Enlightenment comes to those who seek to be enlightened. I invite you to explore your potential and go beyond what you believe. Open your mind to new possibilities within the assurance you can come back to your present thought. Know it is you who is creating all the circumstances of your life,

Introduction to New Age and “Your Life Was Never Meant to be a Struggle”

and it is your choice keeping you in your present state. Evolution is freedom exercised. With enlightenment comes possibilities you would never have imaged, and awareness will set you free from the struggle you may now be experiencing.

As an individual, you have unbounded power you have never exercised. This was taken away from you at birth and you can access it at will, when you know you have it.

It is important you do not make judgments about your new found awareness. Judgments are based on old knowledge, and isn't it what you are trying to leave behind. Do not judge the book or try to read anything into it—the message is clear and will come to you as a revelation.

You have taken first steps to get this far—do not turn back now. You cannot be harmed—you have nothing to lose and everything to gain. You have the freedom of choice to put the book down and turn away from it at any time. Knowledge is power, and the power is yours to keep or give away. Are you ready to move to the next step? I invite you once again to join me and thousands of others who are experiencing life for what it is—an opportunity to experience anything you desire.

Learn why New Age is practical and how it works. Its philosophy is physically and scientifically observable and most importantly it can be put to use here, now, where it does the most good—not in an afterlife where it is not needed.

This book is not an endorsement for New Age—it simply parallels some of the New Age philosophy as well as others.

Roy E. Klienwachter

Learn why accidents and poor health are intentional and not accidents. Learn how to heal yourself and others, simply by changing your thoughts. Learn how to create anything by simply thinking about it. Learn also why most people have never been able to do these things, and why most of them will not be able to even after reading this book.

Please, while you are thinking about it—order the book now, don't put it off—if you walk away from this opportunity, I promise you will not come back no matter how intentioned you are. If you hesitate now, you will have a clear understanding of why this is as far as you have gotten so far. Procrastination does not work for anyone.

Advance to the end of this guide and click on a link that will transform your life!

Namaste

Roy

Introduction to New Age and
“Your Life Was Never Meant to be a Struggle”

Where Can I Claim My Copy of This Book?

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- <http://www.chapters.ca>
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- Release in Australia, New Zealand, Malaysia and Singapore—mid 2007. For more information contact Inkstone Press Pty Ltd inkstone@chariot.net.au
- Check at <http://www.yourlifewasnevermeanttobeastruggle.com> for information on other countries. They will be listed on the site as the books are released in any additional countries.

Downloadable Ebooks

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